

NOTICE

MEALS AND LODGING ALLOWANCE — INCREASE —

Indicated below is Vermont's Meals and Lodging Allowance

Effective January 1, 2009, and on each January 1 thereafter, the meals and lodging rates shall increase by five percent or the percentage increase of the Consumer Price Index, CPI-U, U.S city average, not seasonally adjusted, or successor index, as calculated by the U.S Department of Labor or successor agency for the 12-month preceding the previous September 1, whichever is smaller.

Effective January 1, 2025

An employer shall be entitled to deduct from the wages earned an allowance for meals and lodging actually furnished and accepted as follows:

Breakfast	\$3.81 daily
Lunch	\$4.29 daily
Dinner	\$4.77 daily
Full Board	\$12.87 daily or \$90.09 per week
Nightly Lodging	\$5.26 daily
Full Room	\$31.64 weekly
Full Room and Board	\$109.24 per week

FOR FURTHER INFORMATION CONTACT:

Vermont Department of Labor
Wage and Hour Unit
63 Pearl Street
Burlington, Vermont 05401
Email: Labor.WageHour@vermont.gov
Telephone: (802) 951-4083
Fax: (802) 865-7655
www.labor.vermont.gov

